



TRAINING  
SOLUTIONS

# BASIC FIRE FIGHTING

## DURATION

1 day

- Use of Fire Extinguishers
- Course Content
- Fire Introduction
- Giving Warning of a Fire
- The Burning Process
- The Fire Tetrahedron
- Classes of Fire
- PPE
- Extinguishing Mediums and Extinguishers
- Fire Equipment Requirements
- Methods of Operation
- Operating Procedure
- Care and Maintenance of Fire Equipment
- How Fires Spread
- Fire Prevention
- Fire Hose Reels
- Fire Buckets
- Fire Blankets
- Getting Out Alive
- Lifting and Carrying Techniques

PRACTICAL: Outdoor Plan Fire to be extinguished by each delegate



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